



The Society of Thoracic Surgeons

Questions to Ask the Doctor **Atrial Fibrillation (Afib)**

- Will my condition ever get better without treatment? Can it get worse?
- Will my Afib ever go away?
- How should I change my diet and/or lifestyle?
- What are my treatment options?
- Can you walk me through the entire treatment process?
- Will I have to take any long-term medications?
- Will I need surgery?
- If I need surgery, how often do you perform the procedure that you've recommended for me?
- Am I a candidate for minimally invasive surgery?
- Will I have any restrictions after treatment (activity, driving, etc.)?
- Are there things that might trigger episodes of Afib? If so, what are they?
- What is my risk of having a stroke?
- How can I explain my condition to other people?
- Are there other resources for information and support?